



| <i>Zeit</i> | <i>Montag</i> | | <i>Dienstag</i> | | <i>Mittwoch</i> | | <i>Donnerstag</i> | | <i>Freitag</i> | | <i>Samstag</i> | <i>Zeit</i> |
|-------------|---|-----------------------|-------------------------|---------------------------------|----------------------------|---|-----------------------------------|-----------------------------|-----------------------|--|------------------|-------------|
| 14:00 | | | 14:00 | 14:00 | 14:00 | | | | 14:00 | 14:00 | | 14:00 |
| | | | OGS | G + T 08/15 (14 tägig) | Fußball E-Jugend | | 14:30 | | Fußball Minis | OGS 15:00 | | |
| 15:45 | | | 15:45 | 15:45 | | 15:00 G+T Kids (6-8) 16:00 | 15:45 | 15:00 | 15:45 | 15:00 G+T Kids (8-12) 15:45 | | 15:45 |
| 15:45 | | | 15:45 | | 16:00 | | 15:45 | Kinder- turnen (6-10) | 15:45 | | | 15:45 |
| | 16:15 Badminton Minis (bis 12 Jahre) | 16:00 G+T Minis | Handball mE, wE, wD | | 16:00 Handball Minis | 15:45 G+T Show- girls | Kinderturnen Eltern - Kind | | 16:30 | JMD Monteras (10-12 J.) JMD Topino (6-9 J.) G+T Pariglia | | |
| 17:15 | | | 17:15 | | 17:15 | 17:15 | 17:15 | | 17:15 | | | 17:15 |
| 17:15 | 17:15 | 17:45 | 17:15 | 17:15 | 17:15 | | 17:15 | | 17:15 | 17:15 | | 17:15 |
| | Badminton Schüler (bis 15 Jahre) | | Wirbel- säule A X | Fußball D - Jugend | Hand- ball mC | | G+T Stella / X-Perience / Kiwi | | Handball mE, mD | Badminton freier Spiel- termin | G + T Stella | |
| 18:45 | 18:45 | | 18:45 | 18:45 | 18:45 | | 18:45 | | 18:45 | 18:45 | 18:45 | 18:45 |
| 18:45 | 18:45 | | 18:45 | 18:45 | 18:45 | 18:45 | 18:45 | | 18:45 | 18:45 | 18:45 | 18:45 |
| | Badminton Jugend (15-19) / Senioren Hobby 20:15 | | Frauen I | G+T Showgirls / Confusion | Wirbel- säule F X | Badminton Schüler / Jugend (12-19) | Frauen II | Handball mB / mA | | Fitness-Training Er & Sie | Tisch- tennis | |
| 20:15 | 20:15 | | 20:15 | 20:15 | 20:15 | 20:15 | 20:15 | | 20:15 | 20:15 | 20:15 | 20:15 |
| 20:15 | 20:15 | | 20:15 | 20:15 | 20:15 | 20:15 | 20:15 | | 20:15 | 20:15 | 20:15 | 20:15 |
| | Badminton Senioren Mannschaft | | Volley- ball | Handball 2. & 3. Herren | | Badminton Senioren Hobby / Mannschaft | Männer 50+ | Handball Damen | G+T Con- fusion | Volleyball | Turnen | |
| 21:45 | 21:45 | | 21:45 | 21:45 | 21:45 | 21:45 | 21:45 | | 21:45 | 21:45 | 21:45 | 21:45 |